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Spring 2008



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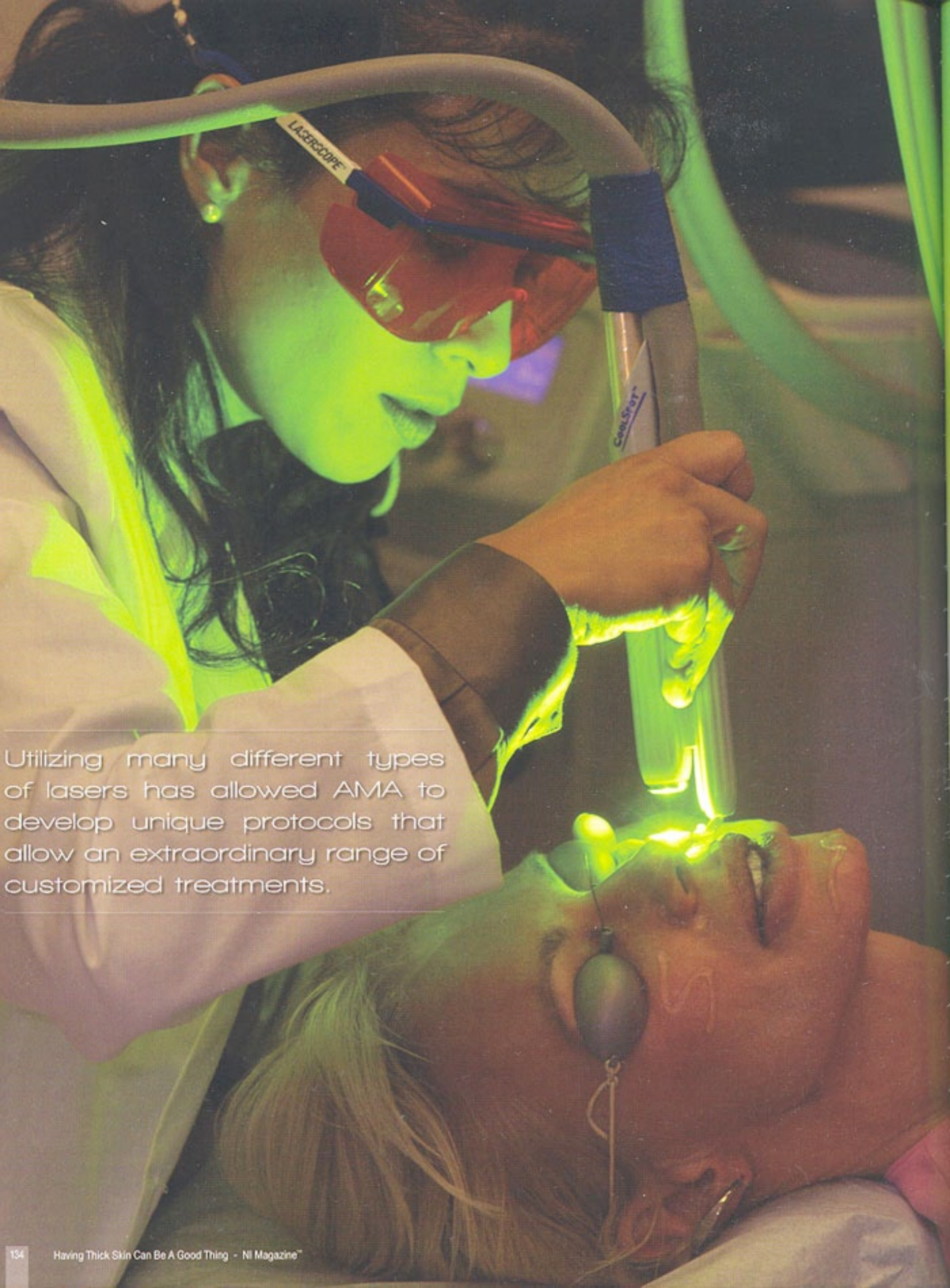


Having
Thick Skin
Can Be a
Good Thing

The latest in high tech
laser techniques

Story by Bree Walker

Photography by Martin Mann



Utilizing many different types of lasers has allowed AMA to develop unique protocols that allow an extraordinary range of customized treatments.

AMA does not advertise and has one of the most unusual ways I've ever seen a skin care clinic market their services. It's a word of mouth, invitation-only wine and cheese soiree, with a special emphasis on education. Part Tupperware party lecture, roundtable discussion, and sample laser treatments, it sounded exactly like the kind of evening my information junkie, talk-fest girlfriends would enjoy. There were five of us in a room with both doctors, an array of lasers, and cool videos showing the nitty gritty of the largest organ of the body, our skin. Each of us gained new respect for our skin that night, and four of us left with new laser skin care treatments scheduled on our calendars. Now that each of us have completed three full sessions over a period of six months of the CP5 treatments, I can report objectively that we have all experienced a true thickening of our aging skin. My girlfriends who all have olive-toned complexions report dramatic improvement in their skin tone, pore minimizing, and overall radiance. The CP5 procedure should be done every four to six weeks, and although my busy lifestyle hasn't allowed that frequency, there is still a noticeable difference in my skin. Dr. Pien says I will continue to see progressive improvement for another nine to ten months.

My friends have also commented on the difference in my appearance. They've asked questions like, "What new foundation are you wearing?" and "Have you had something done?" and, best of all, "Are you in love?" It's exciting to share the news on the latest

skin care treatment that doesn't involve anesthesia or surgery. While I may consider surgical options at a later time in my life, I feel fortunate to have waited for the right procedure to rediscover my youthful skin.

As with all skin care laser treatments as well as with surgical facelifts, good sun protection is paramount in retaining any improvement and I will need to be even more mindful of my at-home skin care regiment. One of the many benefits of having this procedure done is that I now appreciate my skin more than ever before; having seen

up close how much damage it has suffered over the years of exposure to sun. I am one sun worshipper humbled beyond her years, with a much thicker skin to thank for it.

